

Carrington Junior School Spring Term Newsletter 2



14th February 2025

Message from Mrs Cameron

- This term has seen pupils hit the ground running and make some superb progress on the Autumn Term's learning. It's been wonderful to walk around the school and bump into Romans, see teams getting ready for sports events and to have children from Year 3 to Year 6 bringing me their brilliant writing in my office.
- If you come in for a meeting, you might notice that the head's office has been refurbished - there is now more space for parents and children to meet around a round table. The children have been coming to visit the 'new office' in small groups over the last week.
- School leaders have recently attended training on internet safety - look for the three-page e-safety special in this newsletter. Whole staff training from the charity Equaliteach has also taken place, taking a closer look at preventing discrimination.



Special Educational Needs & Disabilities



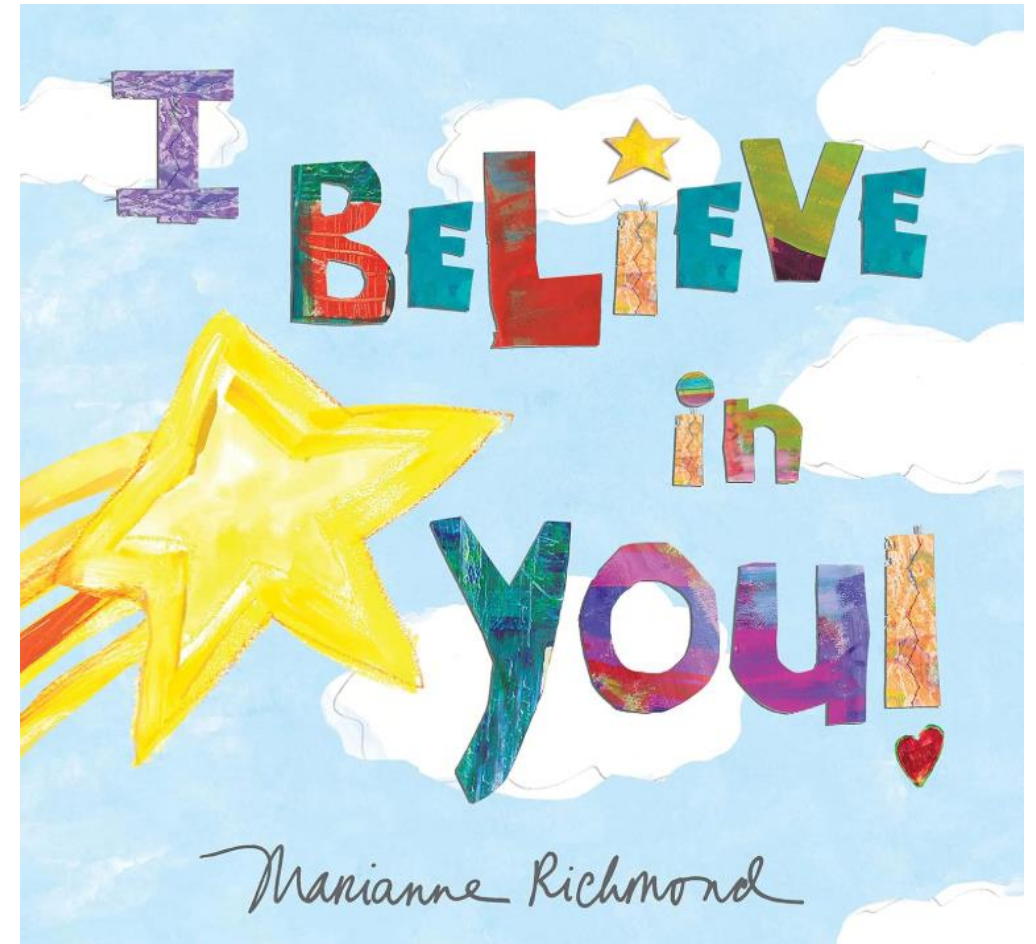
Believe . Achieve . Succeed

A new page has been added to the school website full of advice for parents who think their child might have an emerging SEND need and want to know what to do next.

<https://www.carringtonjs.co.uk/web/i-think-my-child-might-have-special-needs-what-can-i-do/705718>

We are facing incredibly long waiting times for assessments to be processed both at the local authority and at CAMHS. We will always be transparent about what we know about wait times and eligibility for assessments and school placements.

Please contact your child's class teacher or the SENDCo if you feel that you would like to discuss your child's needs.



Walking With You

- Walking with you is a parent led support group for those parents of young people experiencing mental health difficulties.
- Meetings are either on TEAMS or face to face and every meeting is attended by a CAMHs professional to answer any questions parents may have.
- For further information please email Roxy Uritescu – Participation Lead, Buckinghamshire Child and Adolescent Mental Health service at Roxy.uritescu@oxfordhealth.nhs.uk

Learning enrichment

We had lots of events happening in the last few weeks; Year 4 had their Roman Day, Year 5 went to Adams Park for *Show Racism the Red Card* and the Choir participated in *Young Voices 2025*.

You can read more about these events and see all the pictures on [the Website](#).





Young Voices 2025

On Monday 3rd February, our choir took part in Young Voices at The O₂ Arena. It was a wonderful event with our children representing us impeccably both in terms of their exemplary behaviour and their enthusiastic singing. Many thanks to parents and families who came and supported us at this prestigious event.



Sports success

We have had so many sports events taking place this term- not bad for such a grey part of the winter season!

Our football teams have played nearly 10 matches, with some hard won draws against some tough teams, and some first match goals for some of our players.

Four gymnastics teams have taken part in gymnastics festivals, with one team making it into the next round after half term.

Well done to all our teams for their successes and brilliant sportsmanship. And thank you again to Mr Meakin for all the work he puts in behind the scenes to help these events to happen.



WORLD
BOOK
DAY

Discover some
new books and
meet some new
characters!

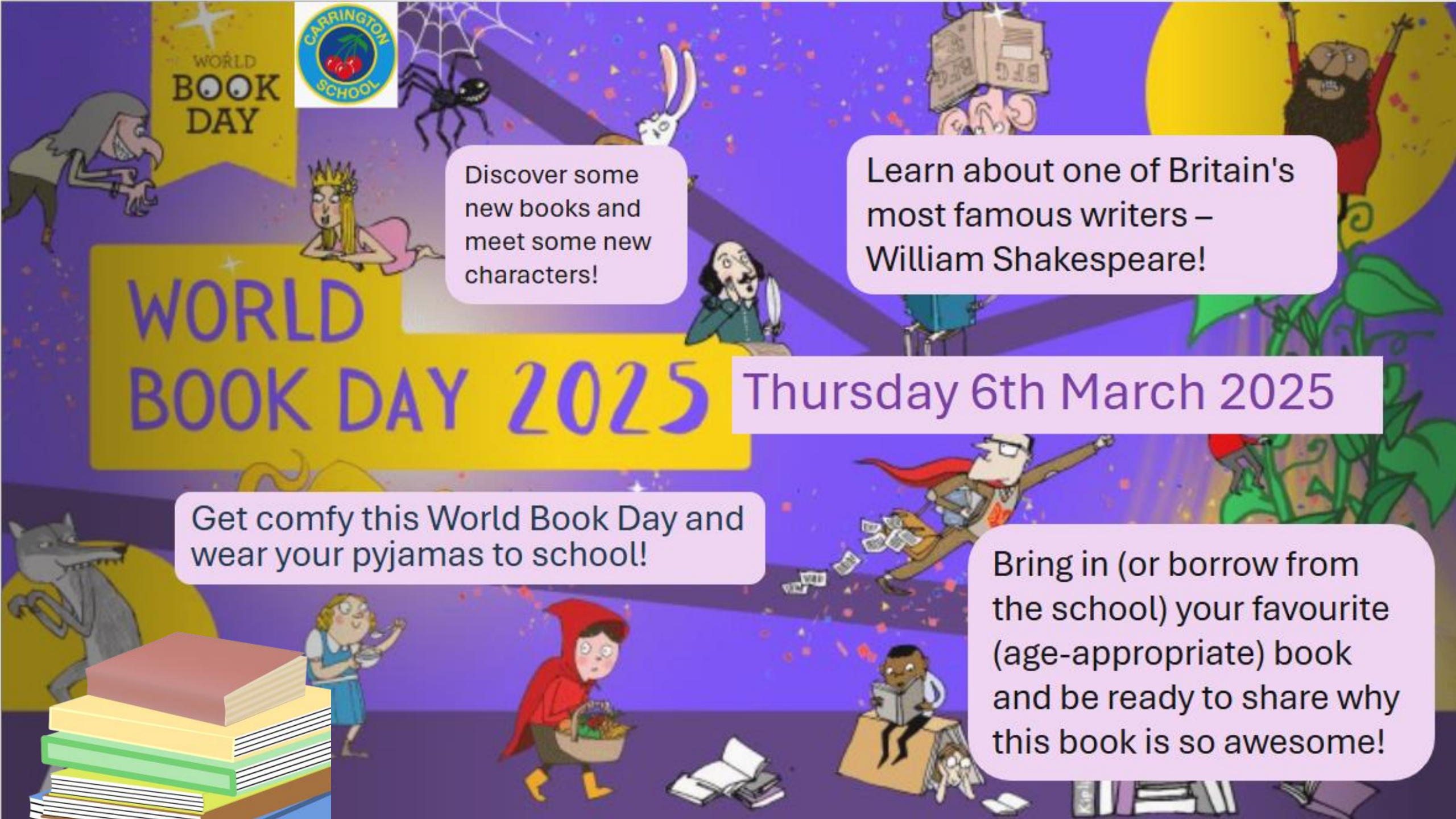
Learn about one of Britain's
most famous writers –
William Shakespeare!

WORLD
BOOK DAY 2025

Thursday 6th March 2025

Get comfy this World Book Day and
wear your pyjamas to school!

Bring in (or borrow from
the school) your favourite
(age-appropriate) book
and be ready to share why
this book is so awesome!



The impact of social media

Why do so many social media apps have an age limit of 13?

It's not because this is the age that children are 'old enough for social media'.

As we all know, there are many things online that we wouldn't want our younger teens to see.

It's not because children are able to understand risks at this age.

The part of the brain that controls risk taking decision making, only starts to move to full development during teenage years, completing this task around 25 years old.

It's not because it's OK for children's mental health at this age.

Research shows that where young people have been exposed to social media, there is a 134% increase in anxiety.

The real reason: It's because of a 1998 piece of e-commerce regulation from America, that includes rules about holding data about children up to 12. This is far before social media as we know it. And is nothing to do with readiness, as a film rating, or computer game rating might be, or safety.

The latest research seems to show that even at 13, children might not be 'ready' for social media.

It's just a phone.
What harm can it do?
Everybody has one.

Phones are important communication tools in the modern world.

Phones allow connection.

Phones have fun games on them.

Phone can make parents feel children are safer.

Phones can become an obsession.

Phones negatively impact the mental health of children and teenagers.

Phones negatively impact the sleep of children and teenagers.

Now you know that, how do you feel about this?

13+



Twitter



Facebook and Messenger



Viber



WeChat



Monkey



Yubo



Dubsmash



Instagram



TikTok



Skype



Google Hangouts



Reddit



Snapchat



Pinterest

16+



WhatsApp



Telegram Messenger



Tumblr

17+



Line



Sarahah



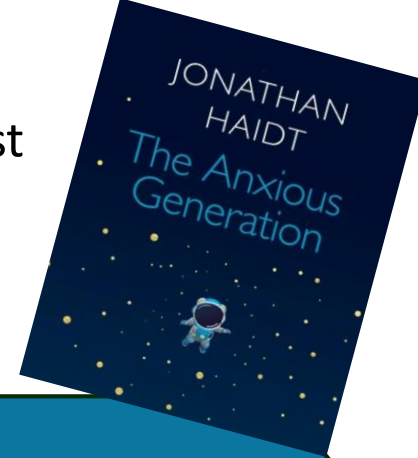
Tellonym

Did you know that a child's social attitudes and ways of interacting are affected by their online interactions?

Researchers have found that for girls between approximately 10-14 years of age, and for boys between 11-12 and 16 years of age, their brain is being conditioned for the rest of their lives by the interactions that they have. Whereas historically this conditioning was formed by interactions with parents and peers, and through face-to-face play, research now shows that in general, this is now lead predominantly by interactions online, which through 'likes' hardwire children's brains to value popularity over expertise and merit.

Want to find out more?
This book explains a lot of the most recent research from universities.

*'The Anxious Generation'-
Jonathan Haidt*




Parents have a big role - supervision is key.

For children at primary age, being on social media, completing internet searches or scrolling around online videos should be supervised by an adult, or have an adult checking in on activity.

Talk to your child about how algorithms work. E.g. Did you know the longer we spend looking at funny cat videos, the more cat videos our tablet/ phone will show us?

Talk to your child about how 'likes' work, if there is merit in having more likes, and if it changes a person's value. Children are capable of, and should be having these conversations from the age of seven up.

Communication Avenues

Issue	Who to contact	
Absence or illness/ medical matters	School office	
Payments	School office	
Uniform	School office	
Drop-offs of lunches and kit	School office	
Pastoral matter – urgent (school need to know today)	School office / family liaison worker / staff at a gate (<i>SeeSaw may be picked up after school day</i>)	
Pastoral matter- not urgent	Class teacher at end of day / family liaison worker / SeeSaw	
Academic matter	Class teacher in the first instance / SeeSaw / senior leadership team if matter is continuing after meeting with teacher	
Special needs matter	Class teacher in the first instance/ SENDCo if matter requires additional support after meeting with class teacher	

Dates for your Diary

Mon 24 Feb – Back to school

Wed 26 Feb – Panto in school: *The Railway Children*

Thur 27 Feb – PTA Summer Fair Meeting @7.30 on Teams (link to follow)

Mon 3 March – PTA *Coin War* begins (all March)

Tues 4 March – Parent Coffee and Talk: Maths @9am and @2.30pm

Thur 6 March – World Book Day – wear pyjamas and bring your favourite book

Thur 6 March – PTA Meeting @7.30pm at The Stag Pub

Tues 18 + Wed 19 March – Parents Evening, more to follow

Thur 20 March – Parent Coffee and Talk: Pupil Premium @9am

Fri 21 March – Class Photos

Thur 27 March – Y4 trip to London Zoo

Wed 2 Apr – Y3 trip to Natural History and Pitt Rivers Museum, Oxford

Thur 3 Apr – Mufti day for £1 donation to the PTA

Thur 3 Apr – Y4 Easter Assembly @9.15am

Fri 4 Apr – 1.15pm finish for Easter Holiday



[Full School Calendar is here](#)

(also available on the Eschool App)



Textile Repair Café Weds 5th March

Thank you to everyone who expressed an interest in the textile repair café, we have had enough responses to make this happen!

The repair ladies will be coming to school on Weds 5th March. Please bring your items to the infant school office between 8.30am and 9am.

If you have not already signed up but would like something mended, [please complete this form](#).

Thank you.



EASTER + PANCAKE DAY COOKING CLASSES

WEDNESDAYS AFTER SCHOOL

- 26/02 - LOADED PANCAKES
- 05/03 - MINI QUICHE
- 12/03 - CARROT CAKE
- 19/03 - HOT CROSS BUNS
- 26/03 - MINI EGG COOKIES
- 02/04 - EASTER ROCKY ROADS

**TO REGISTER YOUR
INTEREST PLEASE EMAIL
RACHELSCREATIVECOOKING
@GMAIL.COM**

A MINIMUM OF 10 CHILDREN ARE
REQUIRED FOR THIS CLUB TO GO
AHEAD.

OPEN TO ALL YEAR GROUPS

3.25PM - 5PM

£72 FOR FULL 6 WEEK
COURSE





**WYCOMBE VS
BRISTOL ROVERS**
TUESDAY 18TH FEBRUARY

**FOOTBALL
FOR A
FIVER!**

Bring the kids along for £5 for midweek football under the lights during half-term for Wycombe Wanderers vs Bristol Rovers on Tuesday 18th February (kick-off 7.45pm).

TICKETS.WWFC.COM



**WYCOMBE VS
WIGAN**
SATURDAY 22ND FEBRUARY

**QUID A
KID**

All child tickets in the Family Stand are just £1 for Wycombe Wanderers vs Wigan Athletic on Saturday 22nd February (kick-off 3pm).

TICKETS.WWFC.COM



INSPIRE SPORTS COACHING

INSPIRE DARTS CHAMPIONSHIP ROUND 1

Inspire Sports Coaching are launching a Darts Championship with numerous tournaments throughout the year. This will be a great opportunity for our Academy players to test themselves in a fun competitive environment & challenge against other local enthusiastic dart players at our inspiring darting extravaganza!

VENUE

Flackwell Heath Community Centre – HP10 9BN

DATE & TIMES

Friday 21st February – 3.45pm – 5.45pm

WHO FOR

Boys & Girls – Age 9 -14

WHAT TO BRING

Darts if you wish – we have plenty for everyone to use!
A walk on song (title & artist) – must be clean!
Parents / Families are encouraged to stay, support & sing your child's song as they enter the arena! Refreshments available!



PRIZES

There will be multiple prizes on offer to win for; Highest Checkout, Highest score + our professional Inspiring Tournament champ, plus for our champion on the day to take home the Championship Trophy!

HOW TO SIGN UP & FIND OUT MORE INFO

Sign up via our **Website** (below) & find out more info via our socials.



Facebook @inspiresportscoachingbucks



inspiresportscoaching@mail.com



<http://www.inspire-sports-coaching.co.uk>

**Step up to the oche
with Inspire**





Messy
Church

TUESDAY 25TH FEBRUARY

3.15-5PM

CHRIST CHURCH, CHAPEL RD

**Join us for our February Messy church -
craft, activities, games and lots of fun.
We'll finish the session with story and song time
as well as tea together.**

Suggested donation £1

For more information check out www.ccfh.org.uk/messy-church