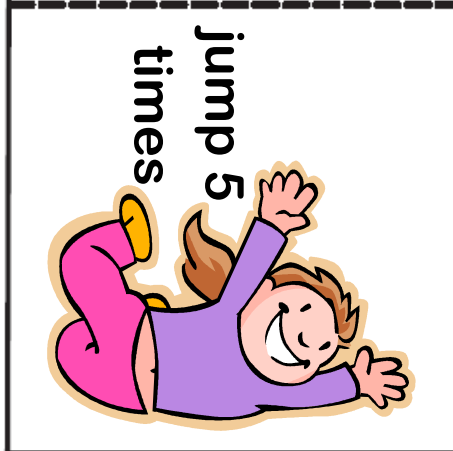
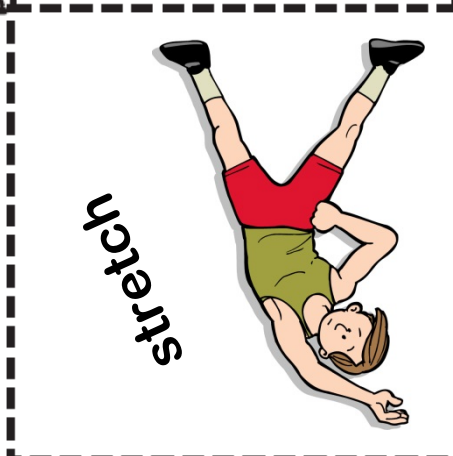
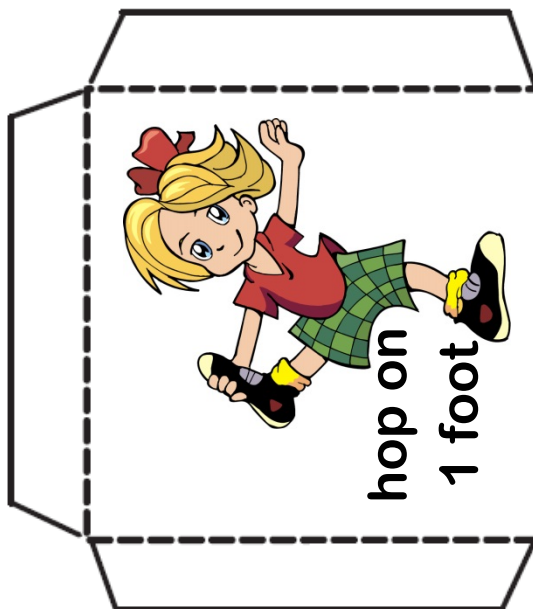
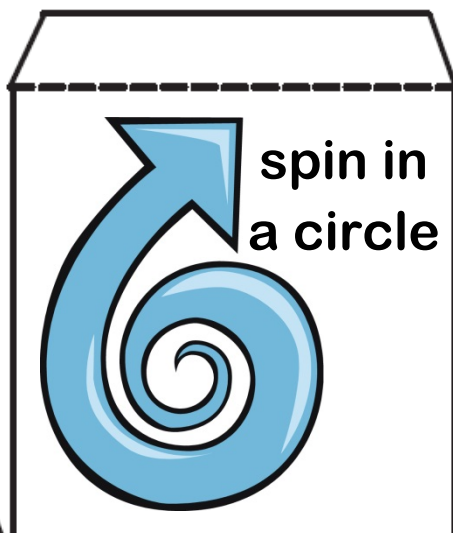


Physical Activity Cubes

Cut on solid lines - Fold on dashed lines



- ☑ Copy the template onto cardstock.
- ☑ Laminating will increase durability.
- ☑ Cut on solid lines, fold on dashed lines to form a box.
- ☑ Tape or glue tabs to inside.
- ☑ Use often as a transition activity between learning tasks during the school day.
- ☑ A student or group rolls their box and whatever lands "up" is what they do for 1 minute.
- ☑ Physical movement increases oxygen flow to the brain and helps everyone!

- ☑ This version developed by Rosemary Martin, Supporting Science, Inc. www.sciencecutups.com