**Carrington Junior School – Long Term plan for PE 2025-2026**

**Curriculum Map**

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| **Term/Year group** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
| **Autumn term one** | **Unit 1 – Invasion games Unit 2 – PE Fundamentals** | **Unit 1 – Invasion games Unit 2 – PE Fundamentals** | **Unit 1 – Invasion games**  **Unit 2 – Basketball** | **Unit 1 – Invasion games**  **Unit 2 – Hockey** |
| **Autumn term two** | **Unit 1 – Invasion games Unit 3 – Fitness** | **Unit 1 – Invasion games Unit 3 – Fitness** | **Unit 1 – Invasion games**  **Unit 2 – Netball** | **Unit 1 – Invasion games**  **Unit 2 – Handball** |
| **Spring term one** | **Unit 1 – Gymnastics**  **Unit 2 – Ball skills** | **Unit 1 – Gymnastics**  **Unit 2 – Ball skills** | **Unit 1 – Gymnastics**  **Unit 2 – Fitness** | **Unit 1 – Gymnastics**  **Unit 2 – Fitness** |
| **Spring term two** | **Unit 1 – Gymnastics**  **Unit 2 – Dance** | **Unit 1 – Gymnastics**  **Unit 2 – Dance** | **Unit 1 – Gymnastics**  **Unit 2 – Dance** | **Unit 1 – Gymnastics**  **Unit 2 – Dance** |
| **Summer term one** | **Unit 1 – Athletics**  **Unit 2 – Cricket** | **Unit 1 – Athletics**  **Unit 2 – Swimming** | **Unit 1 – Athletics**  **Unit 2 – Cricket** | **Unit 1 – Athletics**  **Unit 2 – Volleyball** |
| **Summer term two** | **Unit 1 – Athletics**  **Unit 2 – Tennis** | **Unit 1 – Athletics**  **Unit 2 – Swimming** | **Unit 1 – Athletics**  **Unit 2 – Tennis** | **Unit 1 – Athletics**  **Unit 2 – Rounders** |